

Installing Promat Judo / Combat Mats

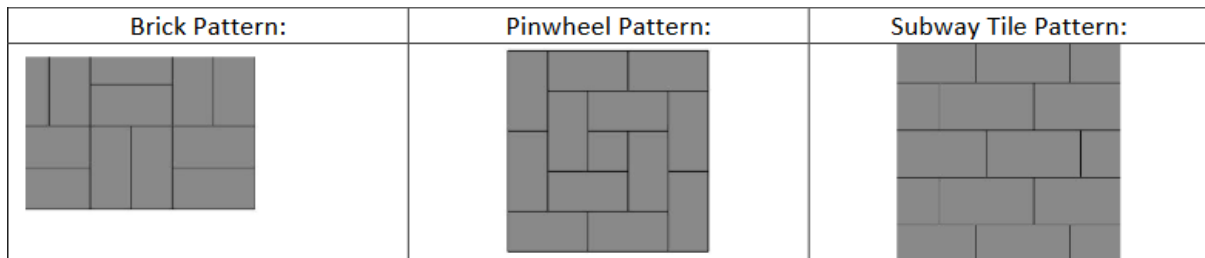
In order to get the very best out of your mats it is important to install them correctly.

First things first you must prepare your floor surface before laying down any mats. To do so you must:

- Make sure the floor surface is flat and smooth
- Hoover the floor to ensure all dirt and debris is gone
- Mop floor and let dry.

Once your floor surface is suitably prepared you are ready to start laying down your mats. To do so you must choose a pattern to follow to ensure they are tightly fitted and not moving. When it comes to patterns they aren't really any wrong choices, as long as the mats interlock by alternating directions.

If you are stuck for ideas here are 3 layouts you could use. We would always recommend the subway tile pattern, especially for large areas, as this will help alleviate size tolerances in the mats.



The best way to start is your squarest corner and making your way out from that point. Every new mat laid down, ensure it is pushed tightly against all adjoining mats.

Continue laying down your mats until the pattern is complete.

Once your layout is complete we recommend giving them a quick wash. You can read our cleaning guide [here](#).