

# Cleaning, Care and Maintenance of Promat Mats

## Cleaning your Promat Mats

To ensure a long lasting mat it is very important to clean your mats on a regular basis. It is also important to clean your mats in proper fashion. Doing so incorrectly could end up doing a lot more harm than good. We will now outline the best practice guideline for cleaning your mats. Please read carefully.

- Hoover your matted area to remove any loose dirt, debris, dust, hair etc. Please note, do not use a hover head with a beater brush as this will damage the surface.
- Once the whole surface area has been hoovered, use warm water and a micro-fibre mop to gently wash down the surfaces. You will only need a very small amount of water to clean your mats.
- **Important Notes:**
  - Make sure you do not use any detergents or bleaches in the warm water.
  - Do not use any abrasive scrubs on the mats to clean.
  - Whilst washing be sure to not saturate the mats with water.
  - Do not allow any water to go underneath the mats as this can damage the base of the mat.

## Care & maintenance

Whenever the mats are not setup in an area on the floor they should be properly stored away. Somewhere dry and out of harm's way is ideal.

When moving or transporting the mats this should be carried out by using a suitable mat trolley due to their weight. If however you do not have a trolley, two people should carry a mat. It is best to carry the mat as the image below indicates.



Do not drag the mats at any time. This will cause damage.

The mats are not suited for any sort of heavy equipment to be laid on top of them. This includes gymnastics apparatus, furniture and heavy weight machines.



By taking these steps you will ensure a long lasting Promat Mat!

