

Installing Promat Roll Out Mats

In order to get the very best out of your mats it is important to install them correctly.

First things first you must prepare your floor surface before laying down any mats. To do so you must:

- Make sure the floor surface is flat and smooth
- Hoover the floor to ensure all dirt and debris is gone
- Mop floor and let dry.

Please note the best surface are concrete, wood and tiled floors. We recommend not laying mats on a carpet surface and taking it up beforehand.

Once your floor surface is suitably prepared you are ready to start laying down your mats.

With roll out mats, this has never been easier. Simply roll the mat out, adjust to make it straight and repeat the same process for the next mat. Once you have two mats lined up together simply tape them together by using either the permanent self-adhesive tape or a non-permanent tape (such as dance gaff tape or PVC electric insulation tape – can be bought in any hardware store!)